



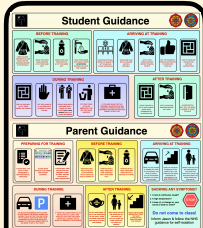
Parent Guidance



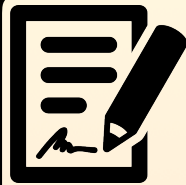
PREPARING FOR TRAINING



PLEASE READ THE COVID-19 RISK ASSESSMENT & NEW PROCEDURES DOCUMENT



PLEASE READ THROUGH THE PARENT AND STUDENT GUIDANCE



PLEASE COMPLETE THE RETURN TO TRAINING FORM & SEND TO JASON BY EMAIL BEFORE YOUR CHILD'S FIRST LESSON BACK

BEFORE TRAINING



YOUR CHILD WILL NEED TO WEAR A CLEAN UNIFORM AND IT SHOULD BE TIED UP CORRECTLY

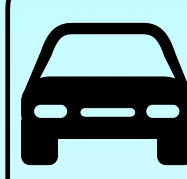


YOUR CHILD WILL NEED THEIR OWN HAND SANITISER WITH THEIR NAME ON IT



YOUR CHILD WILL NEED THEIR OWN WATER BOTTLE & TISSUES OR A TOWEL

ARRIVING AT TRAINING



DRIVE TO THE CENTRE IF POSSIBLE & PARK IN THE SCHOOL CAR PARK AS USUAL, PUT ON YOUR MASK BEFORE YOU ENTER THE BUILDING



ENTER THE SPORTS HALL VIA THE DINING ROOM DOORS AS SHOWN IN THE NEW PROCEDURES DOCUMENT

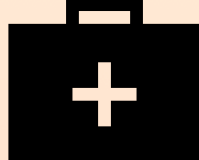


BRING YOUR CHILD TO THE ENTRANCE OF THE DOJO FOR DROP-OFF, LEAVE THE BUILDING USING THE SAME ROUTE

DURING TRAINING



WE WOULD RECOMMEND THAT YOU STAY IN YOUR CAR OR CLOSE TO THE LEISURE CENTRE DURING THE LESSON. THIS IS SO THAT YOU ARE CLOSE TO THE DOJO SHOULD WE NEED YOUR ASSISTANCE TO HELP YOUR CHILD (FOR EXAMPLE, IF YOUR CHILD NEEDS FIRST AID OR NEEDS TO GO TO THE TOILET)



IF YOUR CHILD NEEDS FIRST AID, AN INSTRUCTOR WILL GUIDE THEM THROUGH THEIR OWN TREATMENT AND WE WILL CONTACT YOU TO MAKE YOU AWARE OF THE SITUATION

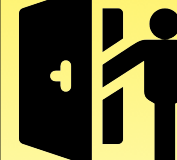
AFTER TRAINING



PUT ON YOUR MASK & GO TO THE ENTRANCE OF THE DOJO, USING THE SAME ROUTE AS WHEN YOU ARRIVED



MEET YOUR CHILD AT THE ENTRANCE OF THE DOJO FOR PICK-UP, MAINTAIN SOCIAL DISTANCING IF QUEUING



LEAVE THE BUILDING IMMEDIATELY THROUGH THE DINING ROOM DOORS, USING THE SAME ROUTE AS WHEN YOU ARRIVED

SHOWING ANY SYMPTOMS?

1. A new & continuous cough?
2. A high temperature?
3. A loss of, or change to, your sense of taste or smell?



Do not come to class!

Inform Jason & follow the NHS guidance for self-isolation